Scoil Raifteirí

Líosta Iompar Bulaíochta-Bullying Behaviours List

Is bulaíocht é nuair a dhéantar iompar atá líostáilte níos mó ná uair amháin le duine. Remember that bullying is when the behaviours below are repeated or done to a person more than once.

|  |
| --- |
| **Ó Bhéal-Verbal Bullying** |
| Verbal Bullying is- Name Calling, Teasing or slagging, saying hurtful things about some ones clothes, hair, things or family.  Saying bad things about a persons religion, language, colour or where they come from. |

|  |
| --- |
| **Idirlíon nó Scríofa-Cyber Bullying or Written Bullying** |
| Writing nasty notes or graffiti, sending nasty text messages, using the computer to write nasty things about someone so that others can see it. |

|  |
| --- |
| **Ag bulaíocht go Soisialta-Social Bullying** |
| Being deliberately ignored or left out. Being made fun of in front of others. Being given dirty or nasty looks. Being stared at. Being prevented from making new friends. |

|  |  |
| --- | --- |
| **Bulaíocht bhagairtheach-Intimidation Bullying** | |
| Being given hostile or angry looks. Being ganged up on. Being threatened. Being followed. | |
|  | |
| **Ag bulaíocht go fisiciúil-Physical Bullying** | |
| Throwing objects, blocking someone’s path, being pushed or shoved. Being kicked, hit, pinched, tripped or head locked. Having clothes torn or pulled at. Hair pulling, scratching. | |